

◆ THE QUESTION WE SET OUT TO ANSWER ◆

# Can routine outcome monitoring — questionnaires only, no session text — be turned into a personalized forecast of who improves, in which domain, and who is at risk of deterioration?

We set out to answer this with **11 years** of the clinic's routine data — a broad, multi-informant, session-by-session battery.

**OUR APPROACH** a two-phase machine-learning program — **benchmark** a per-client outcome forecast at **session 3-5**, then **personalize** it by domain & flag deterioration

